

# EMPOWHER

Inspiring young women and girls to lead change

Are you aged 10-15 years old?

Do you want to use your voice to make a positive change?

Do you want to improve your wellbeing?



Join our new Empowher project

**Tuesday and Wednesday  
(starting 19th January)  
4-5.30pm (both days)  
Online via Zoom**

**To sign up or for more  
information please  
contact Claire -  
Claire.Love@essex.gov.uk  
07919 624935**

